

# Lantern Pike & Cown Edge from Rowarth



A walk proposed by Walking Britain

A low level walk on the western fringe of the Peak District National Park.



Walk No. 293204

<b>Calculated time :</b> 4h35	<b>Difficulty :</b> Average
<b>Distance :</b> 12.65km	<b>Return to the departure point :</b> Yes
<b>Vertical gain :</b> 338m	<b>Activity :</b> Walking
<b>Vertical drop :</b> 333m	<b>Region :</b> Peak District
<b>Highest point :</b> 393m	<b>Location :</b> New Mills
<b>Lowest point :</b> 204m	

## Description

**(D/A)**The walk starts from the car park in Rowarth (Grid ref. SK011892). The approach to this car park is from Hollinsmoor Road. Walk towards the houses then follow the road to the right, at the bottom take the footpath on the right down to 'The Little Mill' public house with its water wheel (grid ref 011890). Walk past the pub and follow the road until you come to a junction. Continue straight and go along the bridleway, you will come to a junction, continue straight until you go through Wethercoates Farm (grid ref 020872) and then reach the road.

**(1)**Turn left along this road then left again up the lane towards Lantern Pike. You can follow the wall straight on but to really gain the full benefit of the views of Kinder follow the worn footpath on the left to the top. As the name suggests fires were lit here to warn of danger or to commemorate events. The hill also has a direction information plaque.

**(2)**Leave the summit on the path heading north to rejoin the main path. Continue in the same direction across the fields to reach the footpath junction above Blackshaw Farm (Grid ref. 025889). Still heading north follow the footpaths and bridleways passing Matleymoore Farm to reach the corner of the road (Grid ref. 022904). Turn right and follow the road until the next corner. Here take the footpath across the field on your left to reach the entrance to Higher Plainstead Farm.

**(3)**Still heading north, cross over the road and go through the gates on the right and head towards the old quarry. The footpath is hard to follow here but providing you do not cross the wall on your right you will end up at a stile (Grid ref. 025922). Keep straight on until you reach a single cottage (Grid ref. 022922).

**(4)**Cross over the road to the steep path ahead but turn right immediately following the path round to Mares Back. We now head in southerly direction along Cown Edge, known locally for its views. Keep to the edge path turning left when the path starts to descend (Grid ref. 012912) On reaching the bridleway turn left and then right up the bank and down the fields to Near Slack (Grid ref. 011904). Continue south down the hill to Rowarth village that can be seen ahead of you.

## Practical information

This area is just inside the far western boundary of the Peak District National Park and is often ignored by walkers as the greater attraction of the Kinder Plateau is so close. However undertake this lower level walk and you will be surprised at the variety of views and countryside.

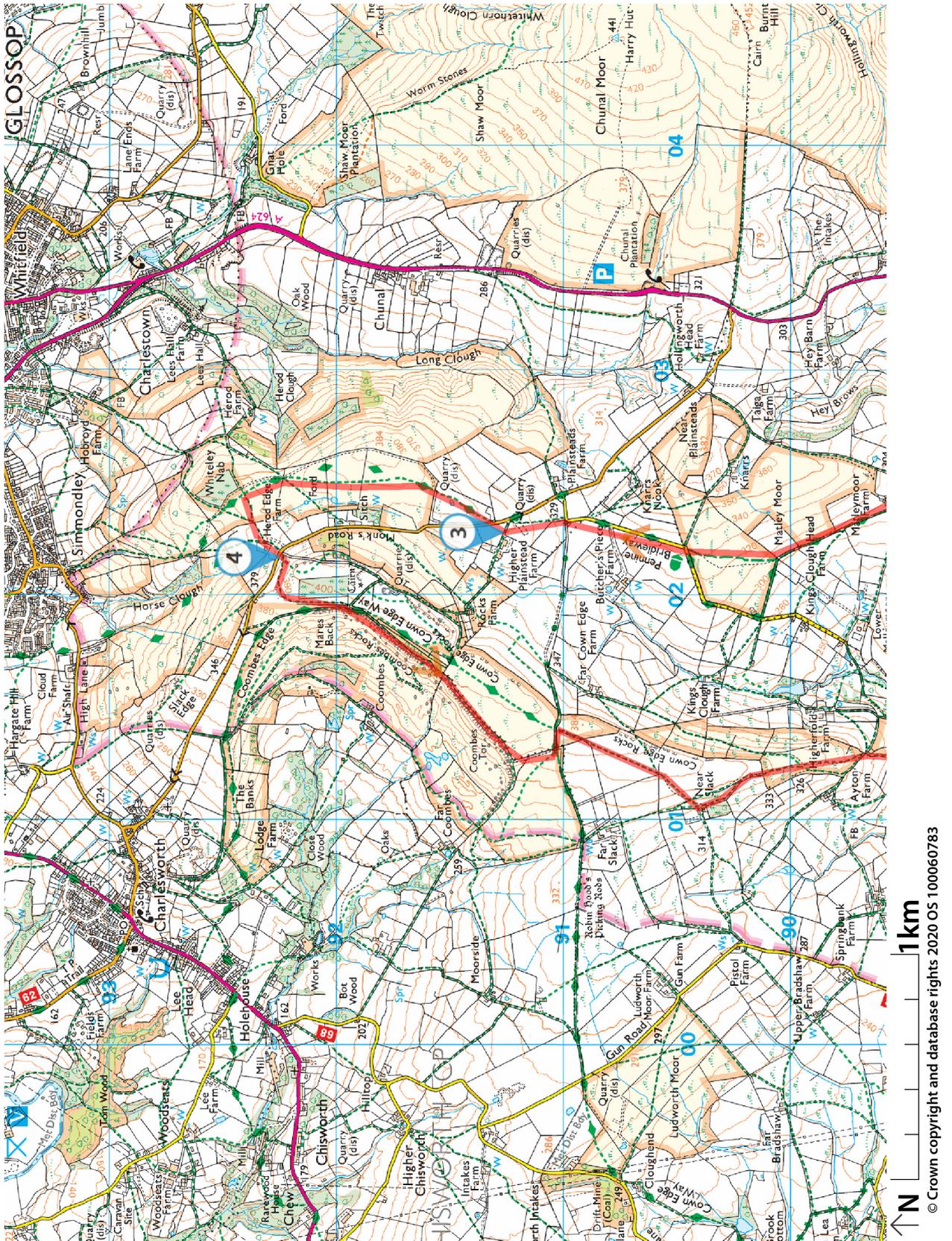
Let us know your opinion on : <https://www.visorando.co.uk/walk-lantern-pike-cown-edge-from-rowarth-h3-p/>

## Waypoints

- S/F Start: Rowarth car park**  
N 53.39959° / W 1.98426° - alt. 221m - km 0
- 1 Turn left along road**  
N 53.38204° / W 1.97054° - alt. 249m - km 2.86
- 2 Lantern Pike: leave summit on northward path**  
N 53.3919° / W 1.96118° - alt. 343m - km 4.23
- 3 Higher Plainstead Farm: cross road and head north**  
N 53.4181° / W 1.96718° - alt. 351m - km 7.28
- 4 Cross over road after cottage**  
N 53.42696° / W 1.96882° - alt. 371m - km 8.82
- S/F Finish: Rowarth car park**  
N 53.399566° / W 1.984311° - alt. 221m - km 12.64



Visorando and the author of this walk sheet cannot be held responsible in the event of an accident during this walk.



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# THE WALKER CODE

Visorando

by Visorando

## Before the walk



### CHOOSE YOUR WALK CAREFULLY

by matching its difficulty and duration to your skill and physical ability.



### CHECK THE WEATHER FORECAST

and look for other important information, such as snow, temperature, tide times, wind speed, fire risk etc.



### BE PROPERLY PREPARED

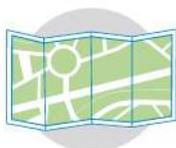
by taking suitable equipment with you, such as a whistle, first-aid kit, appropriate clothing and something to eat and drink.



### LET SOMEONE KNOW

where you will be walking.

## During the walk



### STAY ON THE PATH

(unless you have an exceptionally good reason not to).



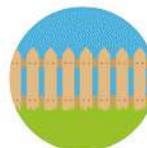
### RESPECT THE COUNTRYSIDE

by not damaging fences, fields and crops and not picking fruit or vegetables.



### RESPECT LOCAL RESTRICTIONS

such as bans on fires, barbecues, camping, fishing, swimming etc.



### LEAVE GATES AS YOU FIND THEM

and be cautious of farm animals: try to go around, not through, herds or flocks.



### TAKE YOUR RUBBISH HOME

and do not leave any trace of your journey except your footprints.



### DON'T MAKE LOTS OF NOISE

and do be respectful and courteous to people along the route.



### KEEP YOUR DOG ON A LEAD

and keep it close to you when you meet other people. Make sure you can call it back to you at any time. Walking with a dog is not recommended on routes where there are farm animals.



### THE COUNTRYSIDE IS A LIVING ENVIRONMENT

that changes all the time. Walking is an adventure and there are risks associated with it. Be responsible, and know when it is better to give up and turn around than get into danger.

Whether it is private or public, the land you walk on does not belong to you. In particular, the owners of private land have generously and graciously given you permission to cross their property.

If you have an accident, please do not sue the owners of the place where it happened, because other walkers might be banned from that route. However, please feel free to tell us about any dangers you find.